

NJLC Summer Elite Teams - 2010

Teams:

NJLC Elite fields three teams:

- Middle School - All current 6th and 7th Graders
- Varsity "B" – Current 8th and 9th and 10th Graders
- Varsity "A" - The best HS players regardless of grade

NJLC selects players that participate in the tryout process. All players (current and new) must participate in tryouts. No player is guaranteed a spot on a team just because they participated the previous season. Since there are only three teams, tryouts are extremely competitive. Players that decide to tryout should be among the best players on their high school or recreation team, a strong desire to play in college, have above average skills, athletic ability, and a passion for lacrosse. The best lacrosse players play multiple sports.

Program Highlights:

- Each team has two dedicated coaches for the entire season.
- Each team will participate in a minimum of three tournaments. The tournament schedule for 2010 is TBD.
- Each team will have 8 - 10 practices in West Windsor.
- Each teams' roster will be capped at 23 to 25 players. (Some teams may have less).
- Same lacrosse philosophy taught to all three teams.

Our fee is \$700.00 and includes everything listed below.

- Tournaments (Varsity "A" Recruiting Tournaments Are Extra)
- Field Rental
- Uniforms
- Coaching Fees
- Play in Five Star Summer Lacrosse League

Not Included In Fee:

- Travel
- Overnight Hotels

Players and parents considering this should also consider the commitment. We expect all players to attend all practices and all tournaments. We understand life gets in the way from time to time. The effort should be there to attend everything. Outstanding attendance equals success in the tournaments. We can have the most talented teams on paper, but if the players miss practices and miss tournaments we will not be successful. At the high school level many of our players get invited to "recruiting events" during the summer. Some are good most are not. Please consult with NJLC Staff prior to making a commitment to an event that will conflict with the NJLC schedule. We do not want to enter any tournaments short handed.

Players must want to play in college if you are participating on a team. The schedule is demanding, the coaches are demanding and frankly it is a lot of work.

Specific details such as practice dates/times, tournament dates/locations will be confirmed once the teams are selected.